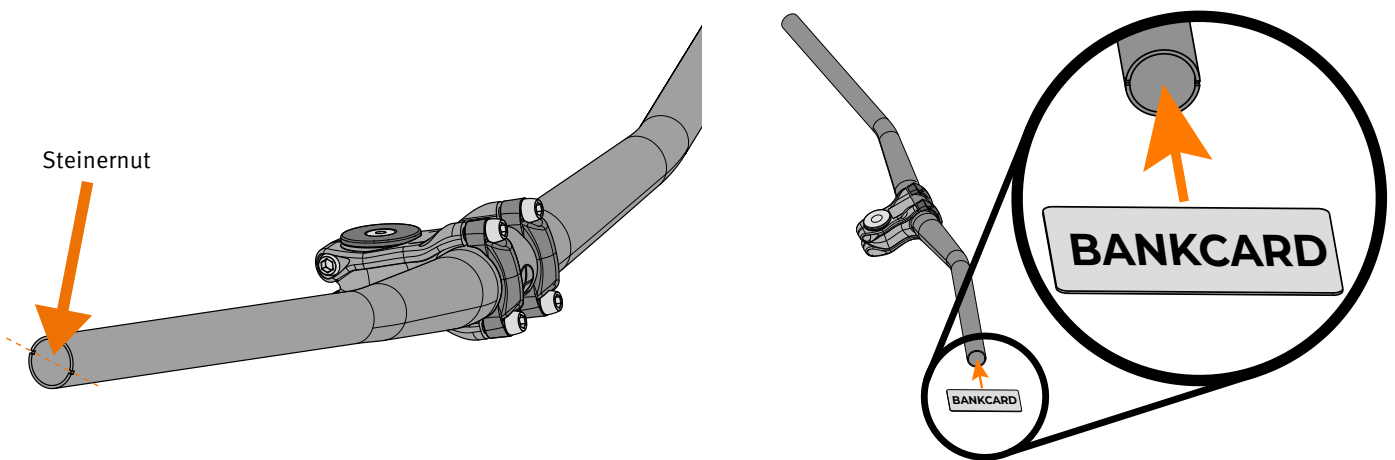


Steinernut

The SQlab handlebars 30X and 311 FL-X are characterized by their Backsweep, Upsweep, the Rise and the handlebar width, i.e. the geometric angles and dimensions.

Accordingly important for the correct ergonomics is the adjustment of the handlebars in the stem. To make the basic adjustment, a scale is attached to the front of the handlebar centre, which should point horizontally forwards.

Since the scale or crosshair is not always easy to recognize, we have milled a horizontal groove into the right handlebar end. This is based on the idea of Sascha Steiner, editor-in-chief of Schweizer Ride Magazin. You can insert a credit card or something similar into this groove to adjust the handlebars.



While the bike is standing on level ground, you turn the handlebars so far that the card is horizontal. This can be seen quite well with the eye, but it could also be checked with a corresponding spirit level app on the smartphone.

From there, you can turn the handlebar to vary the upsweep, backsweep and reach a little forward or backward.

